

November Saints

Activities for teaching young children about Orthodox Saints



NOVEMBER SAINT ICONS (See following page for icon details)

St. Stylianus of Paphlagonia





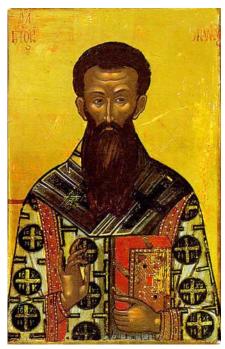
St. Catherine of Alexandria



St. Matthew the Apostle & Evangelist



St. Greogory Palamas





St. John Chrysostom

TO (A) CO

St. Menas of Egypt



St. Philip the Apostle



Ss. Cosmas & Damian the Unmercenaries



Assembly of the Bodiless Powers

NOVEMBER SAINT ICONS

St. Nectarius Metropolitan of Pentapolis





St. Andrew the Apostle, First Called

ICON DETAILS

- **St. Stylianus:** Photo by Wolfymoza [CC BY-SA 4.0 (https://creativecommons.org/licenses/by-sa/4.0)], via Wikimedia Commons https://commons.wikimedia.org/wiki/File:Saint Stylianos.jpg
- **St. Matthew:** Late 18th early 19th century, St Mary Perivleptos Church, Ohrid Icon Gallery, by unknown author [Public domain], via Wikimedia Commons https://commons.wikimedia.org/wiki/File:Matthew, Late XIII Early XIV Century, St Mary Perivleptos Church, Ohrid Icon Gallery.jpg
- **St. Gregory Palamas:** Public domain via Wikimedia Commons https://commons.wikimedia.org/wiki/File:Gregor_Palamas.jpg
- **St. John Chrysostom:** 16th century icon by Dionisius and his studio, from the iconostasis of the Church of the Nativity of the Mother of God in Ferapontov Monastery, Russia, State Russian Museum, St. Petersburg [Public domain], via Wikimedia Commons https://commons.wikimedia.org/wiki/File:John_Chrysostom_(Dionisius).jpg
- **St. Menas:** 17th century icon by Emmanuel Lambardos, [Public domain], via Wikimedia Commons https://commons.wikimedia.org/wiki/File:S.Menas_by_E.Lambardos_(17th_c.).jpg
- **St. Philip:** Unknown Russian Orthodox icon painter (Private art collection, England) [Public domain], via Wikimedia Commons https://commons.wikimedia.org/wiki/File:Philip_the_Apostle_icon.jpeg
- Saints Cosmas and Damian: 19th century icon from St. Paraskevi church, Thessaloniki, Greece, unknown artist,
 [Public domain] via Wikimedia Commons https://commons.wikimedia.org/wiki/File:30_Saint_Cosmas_and_Damian_Icon_from_Saint_Paraskevi_Church_in_Adam.jpg
- Assembly of the Bodiless Powers: 17th century icon from Sinitsa, Kastoria, Greece, unknown artist, (https://commons.wikimedia.org/wiki/fos-kastoria.blogspot.bg/) [Public domain], via Wikimedia Commons https://commons.wikimedia.org/wiki/File:Assembly of the Bodiless Powers Icon from Sinitsa 65 X 42.8 X 3.3 Beginning of the 17th Century.jpg
- **St. Nectarius:** Icon by Julia Briget Hayes, https://www.ikonographics.net Used with permission.
- **St. Andrew:** 14th century icon from North Macedonia, Greece, Walters Art Museum [Public domain], via Wikimedia Commons https://commons.wikimedia.org/wiki/File:Greek Saint Andrew Walters 37559.jpg

SAINTS COSMAS AND DAMIAN



The Holy Unmercenary Physicians and Wonder-workers of Asia Minor



FEAST DAY:

Saints Cosmas and Damian were doctors. They lived in Asia Minor. Through their faith and prayer they received the gift of healing. By the Grace of God, they healed the most serious illnesses, even those of animals. They never received money or gifts from their patients and this is why they are called 'unmercenaries'.



How can I be like Saints Cosmas and Damian?

Cut and glue Saint icon here

My prayer to Saints Cosmas and Damian:

















19th cetury icon from St. Paraskevi church, Thessaloniki, Greece, unknown artist, [Public domain] via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:30 Saint Cosmas and Damian Icon from St. Paraskevi Church in Adam.jpg

HOLY ARCHANGELS MICHAEL AND GABRIEL



The Assembly of the Holy Archangels Michael and Gabriel and of all the Bodiless Powers



FEAST DAY:

The angels are continually praising God and helping Him in His plan for the world. Each of us has our own guardian angel who leads us on the way to God. Every church and every nation also has a guardian angel. Archangel Michael is the Chief Commander of all the angels. Archangel Gabriel is the messenger of God's will to the people.



How can I be like the Holy Archangels Michael and Gabriel?

Cut and glue Saint icon here

My prayer to the Holy Archangels Michael and Gabriel:

















17th century icon from Sinitsa, Kastoria, Greece, unknown artist, (http://fos-kastoria.blogspot.bg/) [Public domain], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:Assembly_of_the_Bodiless_Powers_Icon_from_Sinitsa_65_X_42.8_X_3.3_Beginning_of_the_17th_Century.jpg

SAINT NECTARIUS

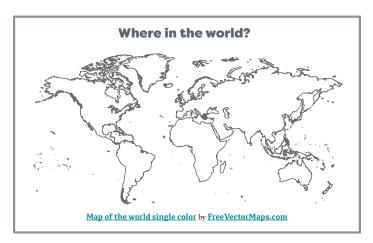
Esples dox

Metropolitan of Pentapolis, the Wonder-Worker and Protector of Aegina



FEAST DAY:

Saint Nectarius is among the new saints of the Orthodox Church. He first became a monk, and later a deacon, priest and finally a bishop. For a big part of his life he lived in Greece, where he founded a monastery on the island of Aegina. He loved Christ very much, and had a deep humility and gratefulness for everything. He was falsely accused and persecuted by people who were envious of him, but he never complained or held any hard feelings against his accusers, whom he whole-heartedly forgave. Through the power of his prayer, he worked many miracles, especially healing those who were sick with cancer.



How can I be like Saint Nectarius?

Cut and glue Saint icon here

My prayer to Saint Nectarius:













Icon by Julia Briget Hayes, https://www.ikonographics.net - Used with permission.

SAINT MENAS

Great Martyr and Wonder-Worker of Egypt





FEAST DAY:

Saint Menas was born in Egypt and became a Christian when he was young. He enlisted in the Roman army, where he witnessed fierce persecutions of Christians. Because of this, he gave up his position and went to live alone in the mountains, praying and praising the Lord. After many years, he left his hut and returned to the city to proclaim Christ. He was arrested and terribly tortured, but he endured his tortures with a fervent and prayerful heart, until, in the end, he was put to death. His deep faith drew the Grace of the Holy Spirit and he worked many miracles.



How can I be like Saint Menas?

Cut and glue Saint icon here

My prayer to Saint Menas:



17th century icon by Emmanuel Lambardos, [Public domain], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:S.Menas_by_E.Lambardos_(17th_c.).jpg

SAINT JOHN CHRYSOSTOM

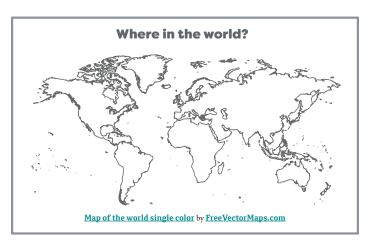
Archbishop of Constantinople





FEAST DAY:

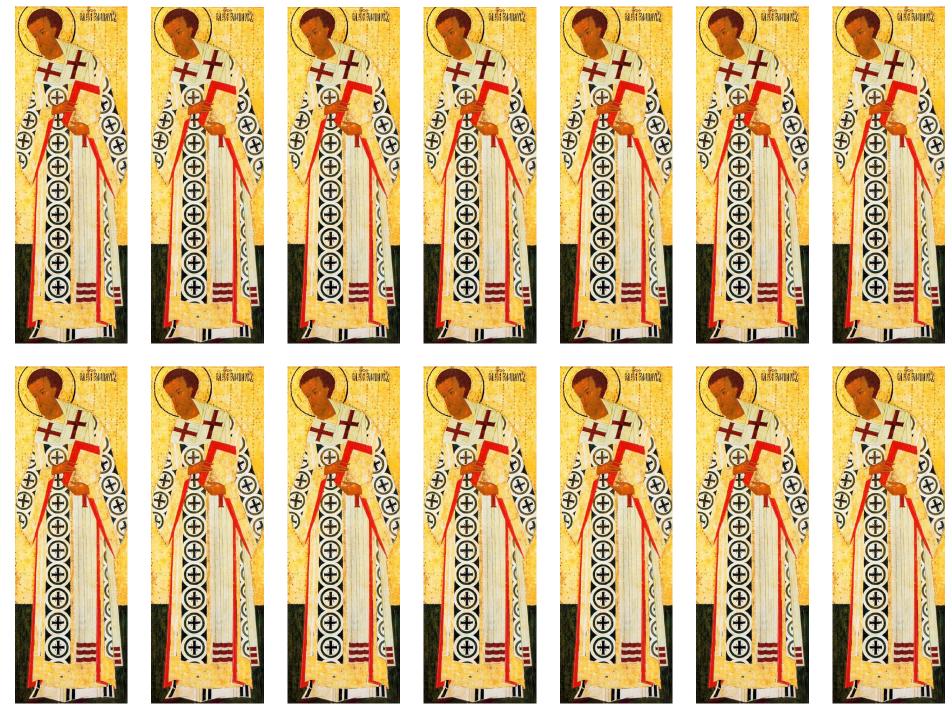
Saint John Chrysostom is among the greatest Fathers of the Church. He was an excellent writer and a fervent preacher, and thus he was named Chrysostom, which means 'golden-mouthed'. After being baptized as a young man, he withdrew to a monastery, where he ate just enough to survive, slept very little, prayed ceaselessly, and wrote continuously. Many years later, he became Archbishop of Constantinople. He followed Christ's commands, spreading the Orthodox Faith, and tending to those in need. He challenged many people for not keeping the Faith, and among them Queen Evdoxia, who became his arch-enemy, sending him twice to exile. He reposed on his second journey to exile.



How can I be like Saint John Chrysostom?

Cut and glue Saint icon here

My prayer to John Chrysostom:



16th century icon by Dionisius and his studio, from the iconostasis of the Church of the Nativity of the Mother of God in Ferapontov Monastery, Russia, State Russian Museum, St. Petersburg - [Public domain], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:John Chrysostom (Dionisius).jpg

SAINT PHILIP

Holy and All-Praised Apostle





FEAST DAY:

Saint Philip was one of the Twelve Apostles of our Lord Jesus Christ. After Pentecost, he went on to preach the Gospel in Galilee, where by the Grace of God he worked numerous miracles. He then traveled to Greece and Asia Minor, continually preaching the Word of God. At the end, he was tortured and put to death for his Christian faith, thus becoming a martyr.



How can I be like Saint Philip?

Cut and glue Saint icon here

My prayer to Saint Philip:

















Unknown Russian Orthodox icon painter (Private art collection, England) [Public domain], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:Philip_the_Apostle_icon.jpeg

SAINT GREGORY PALAMAS

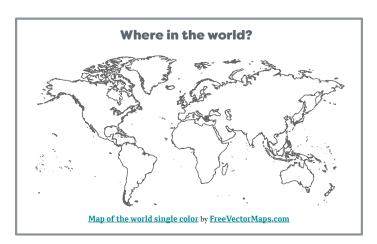
Archbishop of Thessaloniki and Wonder-Worker





FEAST DAY:

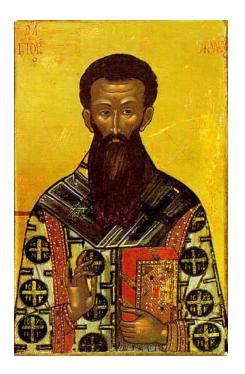
Saint Gregory Palamas is one of the greatest theologians and preachers of the Orthodox Church. After receiving an exceptional education, he withdrew to Mount Athos in Greece to become a monastic. There, he devoted most of his time to the prayer of the heart: "Lord Jesus Christ, have mercy on me". He also wrote outstanding works to explain the Orthodox Faith. After many years, he was ordained a priest and later on he became Archbishop of Thessaloniki. By the Grace of God he worked many miracles. We also commemorate him on the second Sunday of Great Lent.



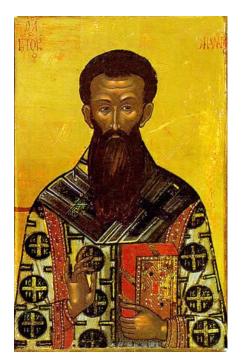
How can I be like Saint Gregory Palamas?

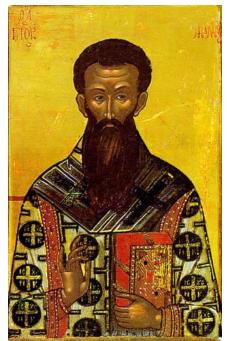
Cut and glue Saint icon here

My prayer to Saint Gregory Palamas:

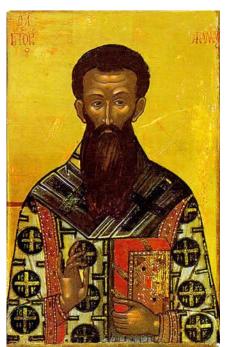
















Public domain via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:Gregor_Palamas.jpg

SAINT MATTHEW

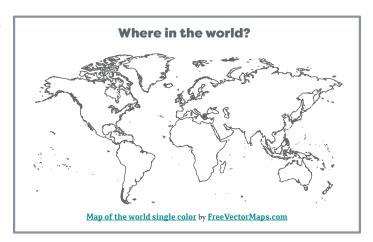
Holy Apostle and Evangelist





FEAST DAY:

Saint Matthew is one of the Twelve Apostles of Christ, and one of the four Evangelists: he wrote the first of the four Gospel books. Initially, he was a a tax-collector. Tax-collectors were hated because they often took advantage of people. Upon meeting our Lord, he greatly repented and immediately followed Him. After Pentecost, he preached the Gospel in Palestine, Syria, Media, Persia, and Ethiopia. He worked many miracles by the Grace of God, and baptized thousands. At the end, he was tortured and put to death for his Christian faith, thus becoming a martyr.



How can I be like Saint Matthew?

Cut and glue Saint icon here

My prayer to Saint Matthew:



Late 18th - early 19th century, St Mary Perivleptos Church, Ohrid Icon Gallery, by unknown author [Public domain], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:Matthew, Late XIII - Early XIV Century, St Mary Perivleptos Church, Ohrid Icon Gallery.jpg

SAINT CATHERINE

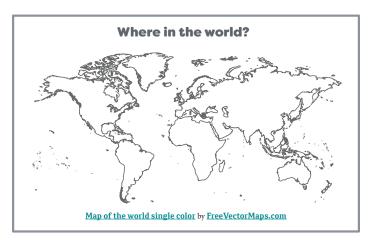
The Bride of Christ and Great Martyr of Alexandria





FEAST DAY:

Saint Catherine lived in Alexandria, Egypt. She was from a noble family and also very beautiful, intelligent, and well educated. When time came for her to marry, her mother, who was a secret Christian, sent her to her own spiritual father, who taught Catherine about Christ. The Saint believed and was baptized, so Christ became her only Bridegroom - she never married. Later, the emperor, who was against Christians, had her contest with the wisest scholars about Christ; she won over their arguments proving that our Lord is the One True God. All the scholars, and many more, believed in Christ. The emperor got furious, and had St. Catherine tortured and put to death for her Christian faith, so she became a martyr.



How can I be like Saint Catherine?

Cut and glue Saint icon here

My prayer to Saint Catherine:



17th century icon, Byzantine and Christian Museum, Athens, Greece, photo by Tilemahos Efthimiadis from Athens, Greece [CC BY-SA 2.0 (https://creativecommons.org/licenses/by-sa/2.0)], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:Icon_of_Saint_Catherine. Painted_by_Viktor. Mid_17th_c. (8383390521).jpg

SAINT STYLIANUS

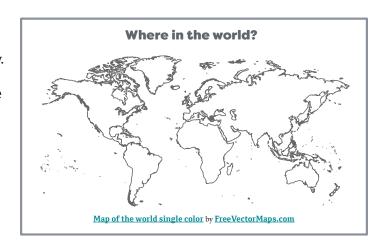
Venerable Monk of Paphlagonia





FEAST DAY:

Saint Stylianus was raised in a wealthy Christian family but, when he grew up, he felt the calling of God, gave away his inheritance to the needy and joined a monastery. There, he lived in prayer and fasting and the Grace of God was upon him; that made the other monks envious, so the Saint withdrew to a cave in the wilderness. He worked many miracles by the power of his prayer, and many people traveled to his cave to receive comfort and healing. The Saint had a special affection for children and by the Grace of God worked many miracles on them: he healed the sick and even restored dead children to life. He is the patron Saint of children.



How can I be like Saint Stylianus?

Cut and glue Saint icon here

My prayer to Saint Stylianus:

















Photo by Wolfymoza [CC BY-SA 4.0 (https://creativecommons.org/licenses/by-sa/4.0)], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:Saint_Stylianos.jpg

SAINT ANDREW

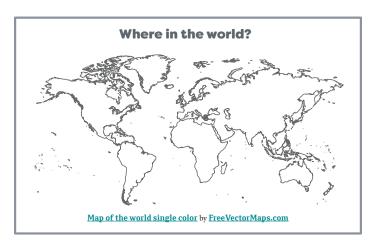
Holy, All-Praised and First-called Apostle





FEAST DAY:

Saint Andrew was one of the Twelve Disciples of our Lord. He was the brother of St. Peter the Apostle. Before going with Christ, he had been following St. John the Baptist. He was the first Disciple to go with our Savior, this is why he is named "first-called". When our Lord was baptised by St. John, St. Andrew saw Him for the first time, and followed Him straight away. After Pentecost, he preached in various lands, suffering many hardships for the love of Christ. He died in Patras Greece, where he was crucified on an X-shaped cross, the shape of the first letter of "Christ" in Greek.



How can I be like Saint Andrew?

Cut and glue Saint icon here

My prayer to Saint Andrew:











14th century icon from North Macedonia, Greece, Walters Art Museum [Public domain], via Wikimedia Commons - https://commons.wikimedia.org/wiki/File:Greek_- Saint Andrew - Walters 37559.jpg

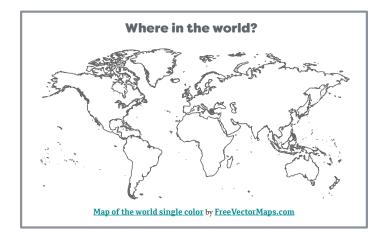
MY PATRON SAINT IS



Draw a picture of your Saint in the box above
braw a picture or your saint in the box above

Facts from my Saint's life:

FEAST DAY:



Cut and glue Saint icon here

How can I be like my Parton Saint?

My prayer to my Patron Saint:







Cut out the cover and Saint cards from the following pages and punch holes where marked. Fill in the dates. Using paper clips to connect the cards, and some ribbon for hanging, assemble a chain either horizontally or vertically. Keep in mind that the vertical chain gets very long (about the height of a door!) so plan the space where you are going to be hanging it accordingly. This calendar could be built gradually, as the weeks go by (each week the cards of the celebrated Saints can be added until the whole chain is complete at the end of the month).

Name tags are also provided. If there is someone in the class or family celebrating on a specific feast day, the name tags can be used to add his/her name on the card. This way, looking at the calendar, one can immediately tell which person celebrates on a specific Saint feast.



Your name
Your name
Your name





Cover card



If using name tags, glue them on the Saint card above the dotted line.

Feast date Feast date Feast date **Holy Archangels Michael and Gabriel** St. Nectarius Metropolitan of Pentapolis Ss. Cosmas & Damian the Unmercenaries The angels are continually praising God and Saint Nectarius became a monk and a bishop. Saints Cosmas and Damian were doctors. helping Him in His plan for the world. Each of Through their faith and prayer they received For a big part of his life he lived in Greece, us has our own guardian angel who leads us the gift of healing. By the Grace of God, they where he founded a monastery on the island healed the most serious illnesses. They never on the way to God. Archangel Michael is the of Aegina. He loved Christ very much, and received money from their patients and this Chief Commander of all the angels. Archangel had a deep humility and gratefulness for is why they are called 'unmercenaries'. everything. Through the power of his prayer, Gabriel is the principal messenger of God's he worked many miracles. will to the people.

If hanging the cards horizontally, cut • them on the dotted line..

Saint cards



If using name tags, glue them on the Saint card above the dotted line.

Feast date Feast date Feast date St. John Chrysostom St. Menas of Egypt St. Philip the Apostle Saint John Chrysostom is among the great-Saint Menas was first a soldier. He left the Saint Philip was one of the Twelve Disciples. est Fathers of the Church. He was called army and went to live alone in the mountains. He went on to preach the Gospel in various Chrysostom, 'golden-mouthed', for being an lands. By the Grace of God he worked nu-After many years, he returned to the city to excellent writer and preacher. He was a monk proclaim Christ. He was terribly tortured, but merous miracles. At the end, he was tortured and also became Archbishop of Constantinohe endured his tortures with a fervent and and put to death for his Christian faith, thus ple. He dedicated his life to following Christ's prayerful heart, until, in the end, he was put becoming a martyr. commands, spreading the Orthodox Faith, to death. He worked many miracles. and tending to those in need.

If hanging the cards horizontally, cut • them on the dotted line..

Saint cards



If using name tags, glue them on the . Saint card above the dotted line.

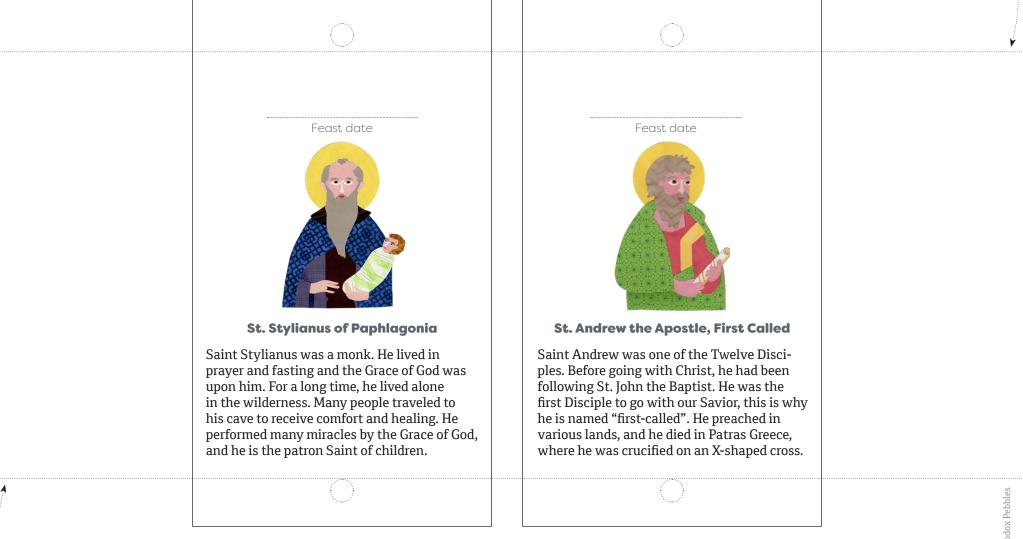
Feast date Feast date Feast date St. Greogory Palamas St. Matthew the Apostle & Evangelist St. Catherine of Alexandria Saint Gregory Palamas is one of the great-Saint Matthew is one of the Twelve Disciples, Saint Catherine was very beautiful, intelliest theologians of the Church. He become and one of the four Evangelists: he wrote the gent, and well educated. Christ became her a monastic and, many years later, a priest first of the four Gospel books. Initially, he only Bridegroom - she never married for the and eventually Archbishop of Thessaloniki. was a a tax-collector. He greatly repented and love of our Lord. She contested with the wis-He devoted most of his time to the prayer of immediately followed our Lord. He preached the heart: "Lord Jesus Christ, have mercy on est scholars about Christ and won them over. in many lands, where he worked miracles. At St. Catherine was tortured and put to death me". He also wrote outstanding works. By the the end, he was tortured and put to death for Grace of God he worked many miracles. for her Christian faith. his Christian faith.

If hanging the cards horizontally, cut • them on the dotted line..

Saint cards



If using name tags, glue them on the Saint card above the dotted line.



Saint cards

If hanging the cards horizontally, cut • them on the dotted line..

CALENDAR CARD TEMPLATES



Use the following templates to make your own additional Saint cards.

					If using name tags, glue them on the Saint card above the dotted line.	on the .ted line.	
			\circ		\circ	Y	
	Feast date		Feast date		Feast date		
1						Pebbles	

If hanging the cards horizontally, cut them on the dotted line..

OPYRIGHT © 2018 Orthodox P

What is each Saint holding? Cut out the Saints and glue them on a new piece of paper. Then cut out the objects and glue them on the hands of each Saint.



Ss. Cosmas & Damian the Unmercenaries











Saints Cosmas and Damian were doctors. They healed the sick by the Grace of God. Each of them holds a medicine box and a spoon.

What is each Saint holding? Cut out the Saints and glue them on a new piece of paper. Then cut out the objects and glue them on the hands of each Saint.

Holy Archangels Michael and Gabriel are wearing a ribbon in their hair to show that they are always thinking about God. They are holding a staff on one hand, as a symbol of power. On the other hand, they are holding a sphere or mirror with the monogram of our Lord Jesus Christ. If ithe object is a sphere, it could be the created world. If it is a mirror, it may come from the Russian folk belief that the angels can see the will of God through it.











What is each Saint holding? Cut out the Saints and glue them on a new piece of paper. Then cut out the objects and glue them on the hands of each Saint.

The Saints on this page were bishops, so they are wearing their vestments. They are holding a Gospel book in their left hand, because they followed and preached the Word of God through the Gospels. With the other hand they are making a blessing gesture.









St. John Chrysostom

St. Greogory Palamas

What is each Saint holding? Cut out the Saints and glue them on a new piece of paper. Then cut out the objects and glue them on the hands of each Saint.

The Saints on this page were Apostles. They taught the whole world about our Lord. They are wearing a yellow ribbon on their shoulder, to signify the great mission they accomplished. Saints Philip and Andrew preached but didn't write texts. They are holding a rolled scroll that symbolises their teachings. St. Matthew was an Evangelist; he wrote one of the Gospel books, so he is shown holding it.









St. Philip the Apostle

St. Andrew the Apostle, First Called

St. Matthew the Apostle & Evangelist

Fepples Gox

What is each Saint holding? Cut out the Saints and glue them on a new piece of paper. Then cut out the objects and glue them on the hands of each Saint.

Saints Catherine and Menas were martyrs. They are wearing red to show that they sacrificed their life for the love of Christ.

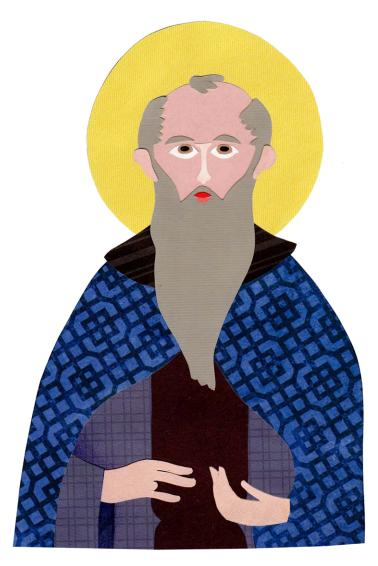
- St. Catherine is dressed like a princess because she was from a noble family. She is holding a cross, a symbol of her martyrdom.
- St. Menas is holding his weapons because he was a soldier. Looking at him in his military uniform we can tell he was very brave for our Lord.





What is each Saint holding? Cut out the Saints and glue them on a new piece of paper. Then cut out the objects and glue them on the hands of each Saint.

St. Stylianus was a monk: he gave everything he had to the poor and devoted his life to God. He lived alone, constantly praying and fasting. He is wearing his monastic habit. He loved children, and, by the grace of God, he healed many of them who were sick. He is the patron Saint of children, this is why he is shown holding a child in his left arm. With the other hand he is making a blessing gesture.





St. Stylianus of Paphlagonia

GUESS WHO?

Chaptes

Children are separated into pairs. Each child gets a copy of this page. Each child must secretly choose one Saint. Then the children in each pair take turns asking each other questions such as "Is your Saint holding a cross?" or "Is your Saint wearing red?" Depending on the answers, the Saints get crossed off one-by-one until the mystery Saint remains. Whoever guesses their opponent's mystery Saint first wins.



St. Andrew the Apostle, First Called



St. Nectarius Metropolitan of Pentapolis



Holy Archangels Michael & Gabriel



St. Menas of Egypt



St. Matthew the Apostle & Evangelist



St. John Chrysostom



St. Philip the Apostle



Ss. Cosmas & Damian the Unmercenaries



St. Catherine of Alexandria



St. Greogory Palamas



St. Stylianus of Paphlagonia



Resources for Teaching

our bydding rocks of faith

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