



Resources for Teaching
our budding rocks of faith

A Lesson on KINDNESS

Activities inspired by the Gospel reading of the Second Sunday of Luke



I AM KIND WHEN...

In the spaces below, write or draw a picture of a way to be kind.



At home

.....



To older people

.....



To my friends

CONSTRUCT THE PHRASE



Cut out the rectangles in the following page and glue them on this page in the correct order, to make up the Gospel verse of the day.

Luke 6: 31



CONSTRUCT THE PHRASE



DO

TO OTHERS

AS YOU

WANT THEM

TO DO

TO YOU

SAINTLY WORDS OF WISDOM



To see what St. John Chrysostom is teaching us, circle every other letter beginning at the start. Copy the letters onto the blanks below. The first letter is done for you.

N	B	O	I	M	K	A	Y	T	N	T
D	E	K	R	P	H	W	O	D	W	S
J	O	U	J	S	E	T	B	Y	Z	O
A	U	G	R	H	W	X	O	U	R	O
D	X	S	F	M	Q	A	Z	Y	K	B
T	E	Y	W	C	H	S	E	Z	N	B
L	O	D	U	T	S	C	P	Q	E	B
J	K	H	W	D	I	L	T	R	H	I
F	G	T	E	W	R	S	Y	V	O	K
R	G	U	E	I	P	N	T	A	S	L

N

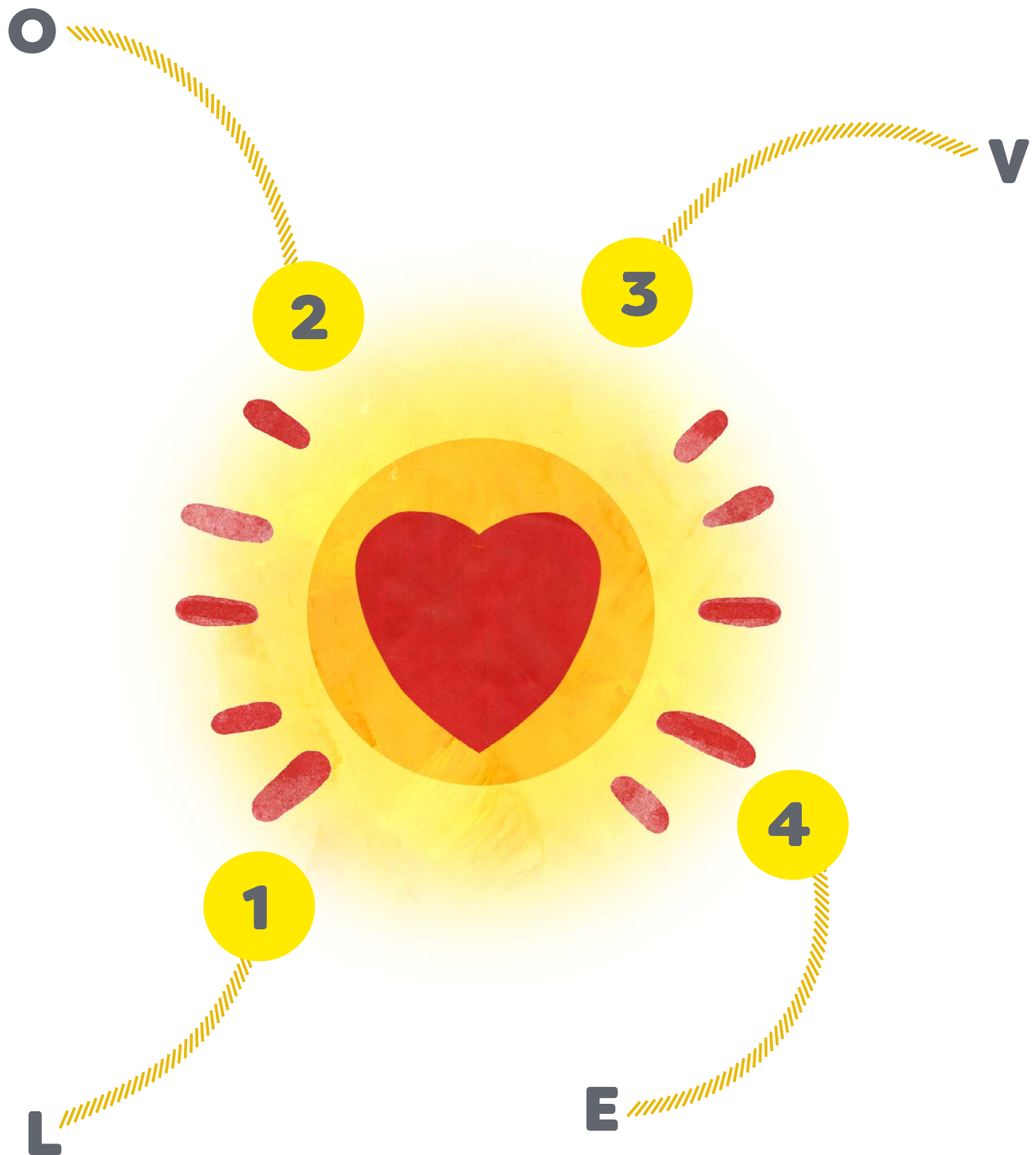
_____ , _____

_____ ■ St. John Chrysostom

SAINTLY WORDS OF WISDOM



To see what St. Porphyrios of Kavsoakalyvia is teaching us, follow each numbered ray of light to find the letters you need to fill in each blank.



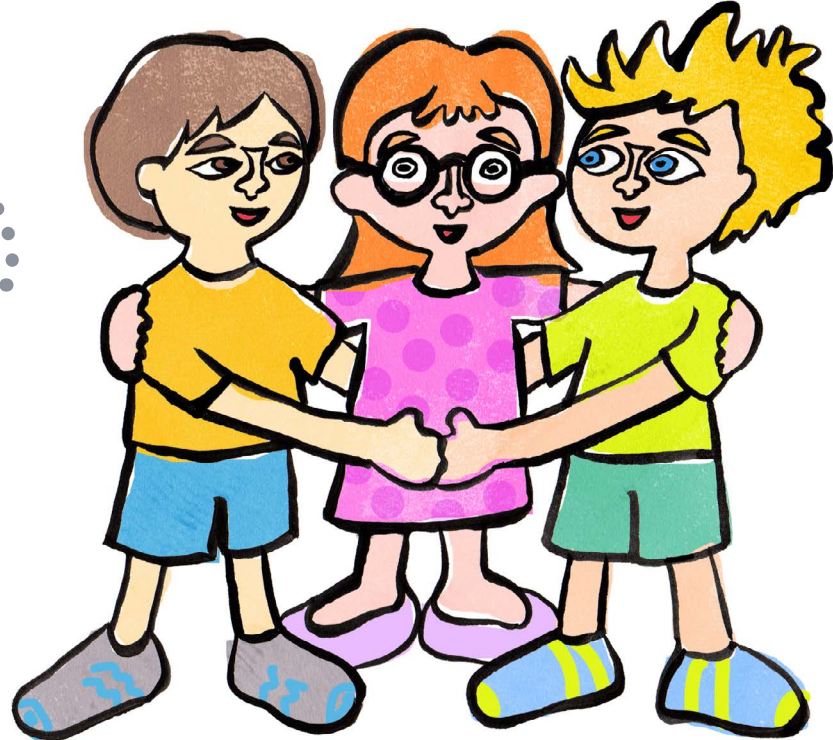
What makes a person saintly is 1 2 3 4 .

St. Porphyrios of Kavsoakalyvia

ANSWER: What makes a person saintly is love.

SAINTLY WORDS OF WISDOM

To see what St. Gregory the Theologian is teaching us, follow each trail.
Copy the letters along each trail onto each line.



TRAIL 1 (Letters: R, E, C, I, O, U, S)

TRAIL 2 (Letters: P, F, R, G, I, O, E, L, N, D)

TRAIL 3 (Letters: F, R, G, I, O, E, L, N, D)

A faithful _____ is more _____ than _____.

St. Gregory the Theologian

SAINTLY WORDS OF WISDOM



To see what St. Paisios the Athonite is teaching us, look at the pictures.
Then write the appropriate word in each blank.

Kindness softens and opens

up the _____ , as oil

1

opens a rusty _____ .

2

St. Paisios the Athonite



1



2



LONG-TERM KINDNESS PROJECT: COINS



LONG-TERM KINDNESS PROJECT: CARDS

**Hold the
door open
for someone**



**Feed
the birds**



**Give
someone a
thank-you
note**



**Let someone
go ahead of
you in line**



**Compliment
a friend or
sibling**



**Help with
setting the
table**



**Bring a
flower to
your teacher**



**Say “good
morning” to
five people
at school**



**Help with
the
laundry**



**Tell someone
how much
you love
them**



**Do a
household
chore for
someone else**



**Help make
dinner**



LONG-TERM KINDNESS PROJECT: CARDS

**Help
someone
younger
than you**



**Say “have a
nice day” to
someone**



**Pick up
your toys
without
being
asked**



**Smile at
five people
in one day**



**Give a hug
to someone
in your
family**



**Give
someone a
happy note**



**Read a book
to a friend
or sibling**



**When some-
one asks you
to do some-
thing, do it
immediately**



**Ask someone
how their
day was and
really listen**



**Help
empty the
dishwasher**



**Pick up
scattered
trash from
the car**



**Say “hello”
to your
neighbor**





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