



Resources for Teaching
our budding rocks of faith

A Lesson Oh KINDNESS

Activities inspired by the Gospel reading of the Second Sunday of Luke



I AM KIND WHEN...



In the spaces below, write or draw a picture of a way to be kind.



At home



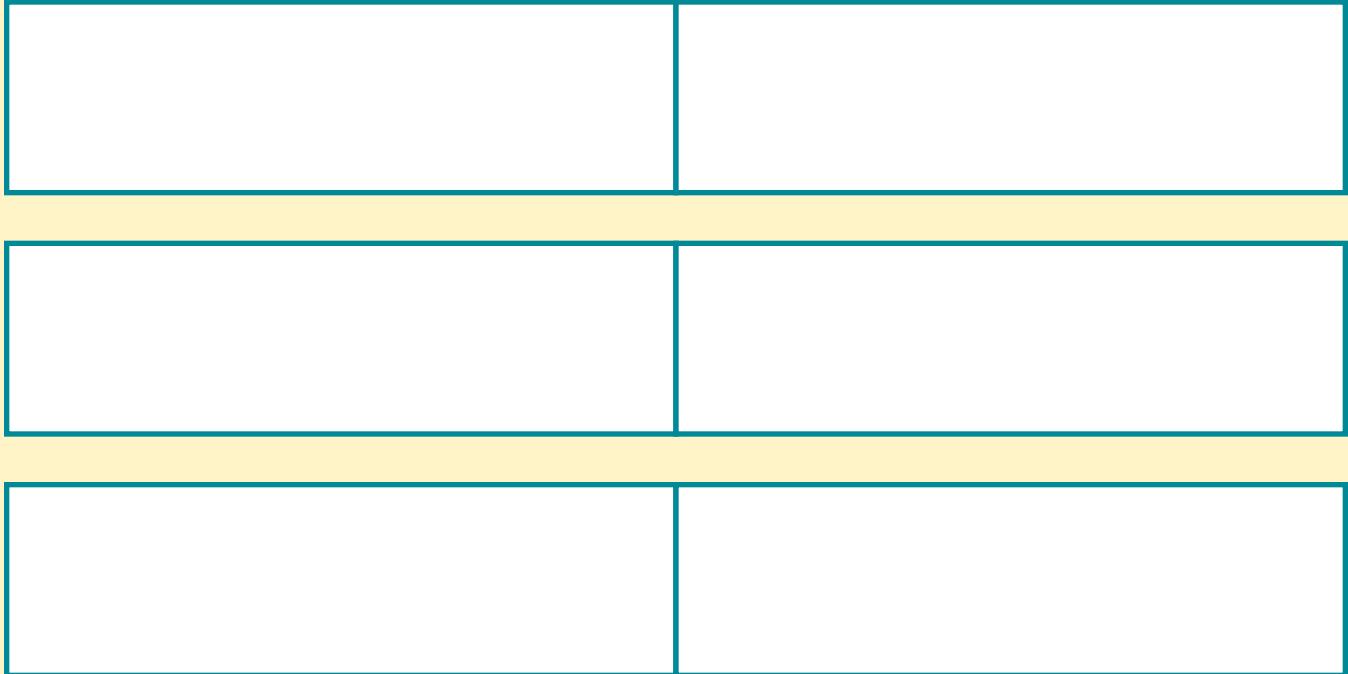
To older people



To my friends

CONSTRUCT THE PHRASE

Cut out the rectangles in the following page and glue them on this page in the correct order, to make up the Gospel verse of the day.



Luke 6: 31



CONSTRUCT THE PHRASE



DO

TO OTHERS

AS YOU

WANT THEM

TO DO

TO YOU

SAINTLY WORDS OF WISDOM



To see what St. John Chrysostom is teaching us, circle every other letter beginning at the start. Copy the letters onto the blanks below. The first letter is done for you.

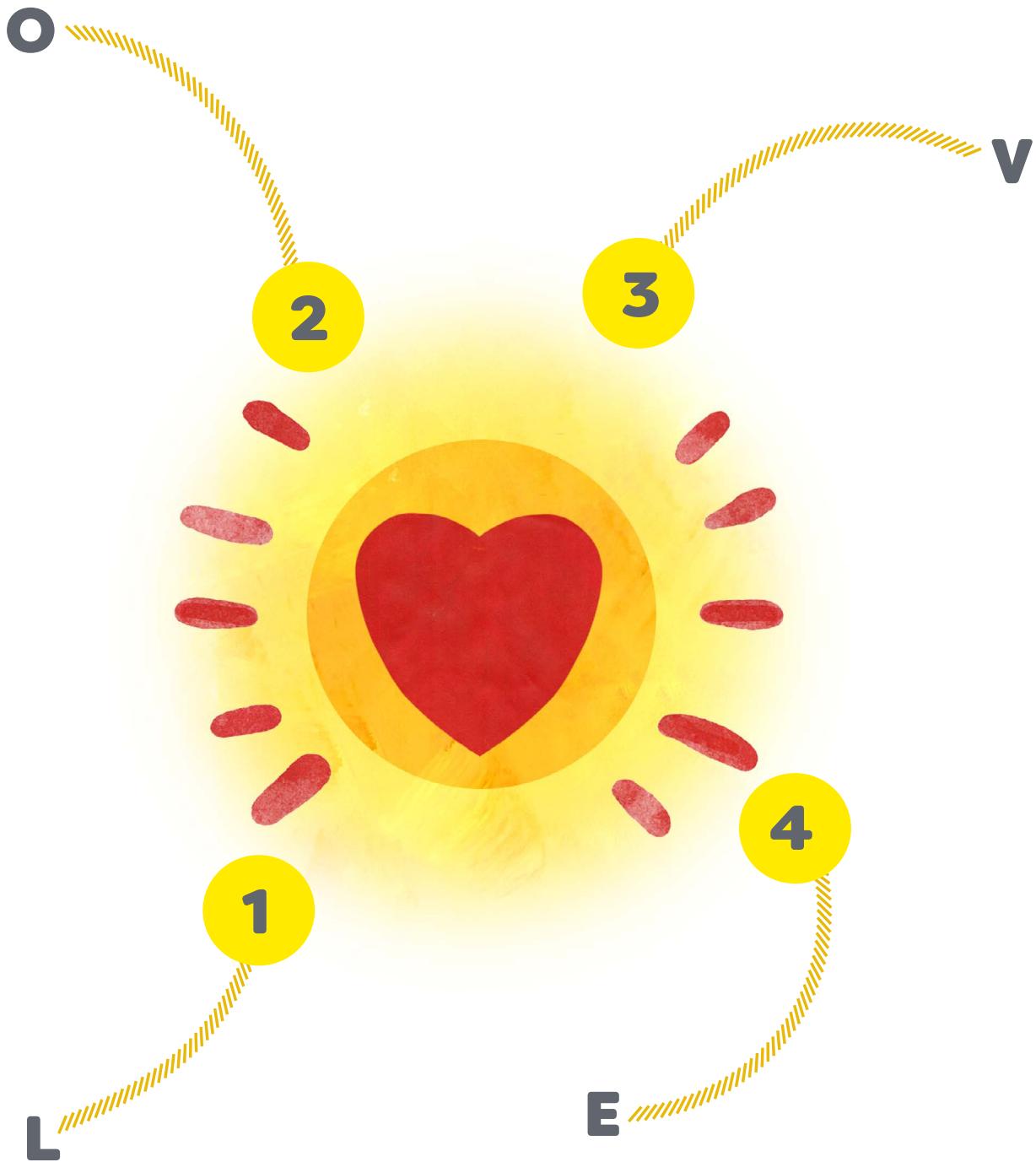
N

St. John Chrysostom

SAINTLY WORDS OF WISDOM



To see what St. Porphyrios of Kavsokalyvia is teaching us, follow each numbered ray of light to find the letters you need to fill in each blank.



What makes a person saintly is

— 1 — 2 — 3 — 4 — .

St. Porphyrios of Kavsokalyvia

ANSWER: What makes a person saintly is love.

SAINTLY WORDS OF WISDOM



To see what St. Gregory the Theologian is teaching us, follow each trail.
Copy the letters along each trail onto each line.

R

P

TRAIL 2

TRAIL 1

F

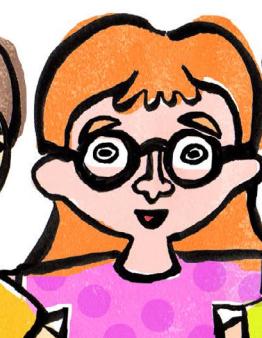
TRAIL 3

E

R

G

C



I

O

U

E

L

S

N

D

A faithful _____ is more

TRAIL 1

than _____

TRAIL 3

St. Gregory the Theologian

TRAIL 2

SAINTLY WORDS OF WISDOM



To see what St. Paisios the Athonite is teaching us, look at the pictures.
Then write the appropriate word in each blank.

Kindness softens and opens

up the _____, as oil

1

opens a rusty _____.

2

St. Paisios the Athonite

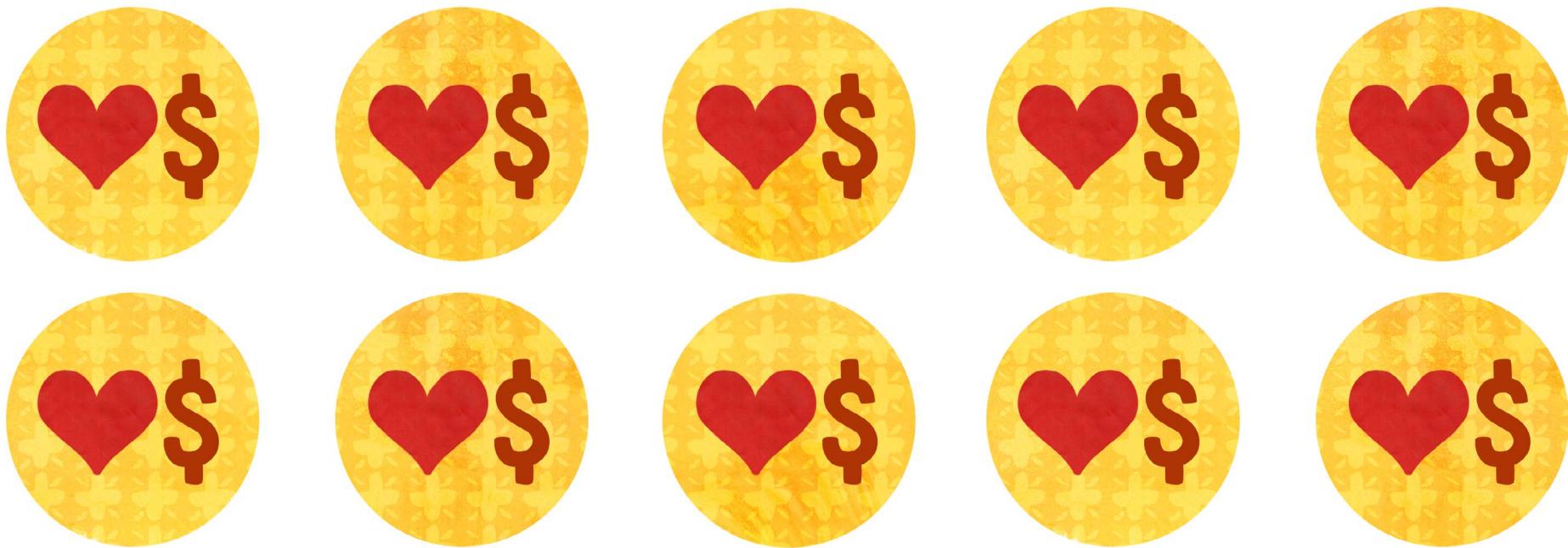


1



2

LONG-TERM KINDNESS PROJECT: LABEL & COINS



LONG-TERM KINDNESS PROJECT: COINS



LONG-TERM KINDNESS PROJECT: CARDS



<p>Hold the door open for someone</p> 	<p>Feed the birds</p> 	<p>Give someone a thank-you note</p> 
<p>Let someone go ahead of you in line</p> 	<p>Compliment a friend or sibling</p> 	<p>Help with setting the table</p> 
<p>Bring a flower to your teacher</p> 	<p>Say “good morning” to five people at school</p> 	<p>Help with the laundry</p> 
<p>Tell someone how much you love them</p> 	<p>Do a household chore for someone else</p> 	<p>Help make dinner</p> 

LONG-TERM KINDNESS PROJECT: CARDS



<p>Help someone younger than you</p> 	<p>Say “have a nice day” to someone</p> 	<p>Pick up your toys without being asked</p> 
<p>Smile at five people in one day</p> 	<p>Give a hug to someone in your family</p> 	<p>Give someone a happy note</p> 
<p>Read a book to a friend or sibling</p> 	<p>When someone asks you to do something, do it immediately</p> 	<p>Ask someone how their day was and really listen</p> 
<p>Help empty the dishwasher</p> 	<p>Pick up scattered trash from the car</p> 	<p>Say “hello” to your neighbor</p> 



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